

Dear Adventurer,

Your adventure quest awaits at Lost Valley! This is your first set of directions. Your quest requires some preparations before you arrive:

1. Prepare your gear - look at the packing list with your navigator to make sure you have everything you need. Pack your Adventure Pack with Bug Blocker (Insect Repellent), Explorer Shoes (sturdy closed toed shoes), and your fresh socks.
2. Prepare your body - start drinking extra water on Saturday before you arrive. Staying hydrated will make your body ready for adventure! Throughout your adventure, fuel your body with lots of water and food!
3. Prepare your mind - be ready to be brave, to explore, and to have fun! Your adventure will be full of opportunities to learn and try new things.

Your adventure guide will be waiting for you with your next set of directions when you arrive.

Travel safely. Your adventure awaits.

Sincerely,

Your Chief Exploration Commander